



Organized Carrot

Gardener Insight Packet



Organized

“Being organized leads to a calm life and a clear head.”

Debby Ward

Founder, Prior Unity Garden
Innovating Organic Gardening

Why Carrot?



There are several reasons why carrots are an organized crop to grow and therefore is associated with you as an organized gardener.

Here are a few ideas ...

- **Plan ahead:** Before you start planting, make a plan for your garden. Consider the size of your garden and how much space you have available, as well as the type of crops you want to grow and the time of year you will be planting them.
- **Choose the right location:** Carrots want full sun and well-draining soil in order to grow well. Choose a location in your garden that meets these requirements, and prepare the soil by adding mycorrhizal fungus to improve root growth.
- **Keep the soil evening moist:** Carrots do best with regular watering. If you don't get rain for several days, water them gently at the soil line. Do be careful not to over-water, as this can lead to root rot.
- **Pay attention to pests:** In some parts of the country, carrots are prone to pests such as carrot flies. Keep an eye out for these issues and take appropriate action. Organizing through an Integrated Pest Management Plan (IPM) allows you to track any infestations.
- **Consider seed spacing:** You don't need to waste time thinning my carrots. Plant the seeds harvest distance apart and fill in the spaces. This not only saves seed money but helps protect against carrot root fly.

Organized Your Strengths



Detailed ~ Refined ~ Accomplished ~ Precise ~ Cogent ~
Diligent ~ Neat ~ Orderly ~ Practical ~ Careful ~ Methodical ~
Detail-oriented

You are able to problem-solve because you can easily find
what you need to make decisions.

You prepare well for situations and activities.



Organized Your Demons



Each gardener is multi-faceted and so are you. Be aware of the demon side of your strength so you can avoid these pitfalls:

You can have blinders on or procrastinate by getting lost in details.

Rigid ~ Controlling ~ Fixed ~ Stagnant ~ Hard-line ~ Harsh ~ Inflexible
~ Un-yielding ~ Stern ~ Austere ~ Uncompromising ~ Stringent



More Organized Carrot Growing Tips



- Grow different colors to delight your eyes and taste buds.
- Succession plant your carrots every two weeks for continued harvest.
- As summer crops die back, follow-on with overwintering carrots.
- Insure your soil is alive with healthy microbes.
- Companion plant in between other compatible crops such as peas and tomatoes.

A Few of Debby's Favorite Carrots



True confession– I spent years wondering why my carrots did fair, then I experienced that loose, loamy, weed free soil is key. Then I got to organize trialing at least 20 varieties. So, here are just a few of my favorites

Type	Varieties			
Early Season	Yaya (F1)	Little Finger		
Main Season	Yaya (F1)	Danvers 126	Red Core Chantenay	Nantes Half Long
Overwinter	Merinda (F1)	Giants of Colmar		
Specialty	Amarillo Yellow	Black Nebula		

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Three Steps
to Start Using Your Gardener Genius



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Use Your Garden Genius Today

Step 1

Look at each garden task through your organizational lens. It only takes a 5 seconds to make a big impact on your day by starting each task with a different mindset.

In the parenthesis below, insert the next task you have to accomplish. Then, before you start the task, take a deep breath say:

I am organized no matter what I need for this task. I am confident I can accomplish (this next task - use task name) because I am assured the capacity to do so.

Do this quick impactful statement before each task you have to do, today and into the future.



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Use Your Garden Genius in the Next 48 hours

Step 2

Because your primary strength is being organized. Over the next 48 hours consider where you can use this strength to enhance both your gardening and your person life.

Having time for our garden comes from balancing all aspects of our lives.

Use the worksheet on the following pages to use your amazing garden genius not only this week, but into the future.



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How can you use your organization skills to elevate your garden? This could be in your outlook or an action.

- 1.
- 2.
- 3.
- 4.
- 5.

How can you use your organization skills to manifest improved personal relationships?

- 1.
- 2.
- 3.
- 4.
- 5.



Step 3 Use Your Garden Genius in the Next Two Weeks

Now pick the top idea from your list for your garden to implement this week.

Pick the second best idea from your list for your garden to implement next week.

Use your garden genius to have positive impact on your gardening and personal life moving forward.

Pick the top idea from your list for improving your personal relationship/s this week.

Pick the second best idea for improving your personal relationship/s this week.

Seasonal Insights for the Organized Gardener



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Seasonal Insights for You

Spring

- Create your Integrated Pest Management (IPM) Plan based on your observations from last year or begin one this year.
- Use a Garden Journal to document the happenings in your garden.

Summer

- Use a Garden Journal and IPM to document the happenings in your garden
- Organize what you want to grow, and your seed starting for your fall and winter garden.

Autumn

- Gather all your seeds and take inventory to know what you do and don't need for next year
- Review all your Journal and IPM and take stock of the year in preparation for next year

Winter

- Plan your garden layout, any garden projects, steps for each for the new year.
- Methodically go through seed catalogs and make decisions about what plants and seeds to



You are Amazing

Hi there~ My name is Debby Ward. I am an Organic Garden Coach, Speaker and instructor who **empowers gardeners to grow organic food at home.**

You are an **amazing human**, with your own garden genius. **Using your strengths to the full positive potential and transforming your weaknesses is what makes you successful and happy** in your gardening and personal life.

In my 40+ years of gardening experience I have been fortunate enough to work with hundreds of gardeners and speak for many organizations and events.

I created the **Metamorphosis Membership** for gardeners to **simplify their organic garden journey.**

By getting your specific questions answered you make **remarkable shifts in your garden's productivity.**

You illuminate webinar topics for The Metamorphosis and **get one-on-one attention at a fraction of the cost of private coaching.**

The Metamorphosis **gives you clarity for your garden to thrive.**



Join the Metamorphosis